

# Kentucky Summative Assessments



## Grade 5 On-Demand Writing Released Prompt 2022

Directions: Select each tab to read the passages and answer the following question.

## **from “U.S. Schools’ War Against Chocolate Milk”**

*by Gilbert Cruz*

- 1 What could possibly be wrong with something that brings children such joy?
- 2 A lot, according to some nutrition experts and school districts that are removing the brown liquid from lunchrooms. One 8-oz. serving of reduced-fat chocolate milk has nearly as many calories and as much sugar as a 12-oz. can of Coke. Encouraging students to regularly consume the drink, they say, is contributing to an already worrying childhood obesity crisis.
- 3 . . . Public school districts in Berkeley, Calif., and Boulder, Colo. . . . have removed the drink from their list of daily offerings, opting for low-fat, organic white milk instead. That’s a perfect way to force kids to shun milk completely, says the dairy industry.
- 4 “Flavored milk really fits two needs,” says Ann Marie Krautheim, senior vice president of nutrition affairs for the National Dairy Council. “It meets kids’ taste preferences, and it provides the nutrition that they don’t get elsewhere.”
- 5 Some nutrition experts reject such . . . simplification. “There’s almost this threat, like ‘If you don’t drink chocolate milk, then your children will not get the nutrition they need!’” says Marlene Schwartz. . . .
- 6 Take Colorado’s Boulder Valley School District, which removed chocolate milk from its lunchrooms this fall at the recommendation of Ann Cooper, the new director of nutrition services. That’s about 30,000 students in 50 schools that are no longer stocking chocolate milk. Cooper is outspoken in her belief that school cafeterias need to be overhauled—fresh ingredients, more fruits and vegetables, less sugary snacks. “I’m all for parents having chocolate milk with their kids at home once in a while, or on Sunday morning with waffles, but it doesn’t have any place in schools on a daily basis,” she says. If a child chooses chocolate milk instead of regular milk every single day for a year, she says, they’ll gain about 3 lbs. because of the extra sugar and calories. “Over the course of a K–12 education, that can add up,” says Cooper.
- 7 As a National Dairy Council video on YouTube points out, “Chocolate milk is the most popular milk choice among children, and it only has 60 more calories than white milk does.” Only 60 more calories? “That sort of thing drives me crazy,” says Schwartz. “People don’t become obese overnight. You have too much sugar here and too much sugar there, and it adds up and adds up and sooner or later just becomes the norm.”

Cruz, G. (2009, December 18). U.S. schools' war against chocolate milk. *TIME*. Retrieved from <https://time.com>

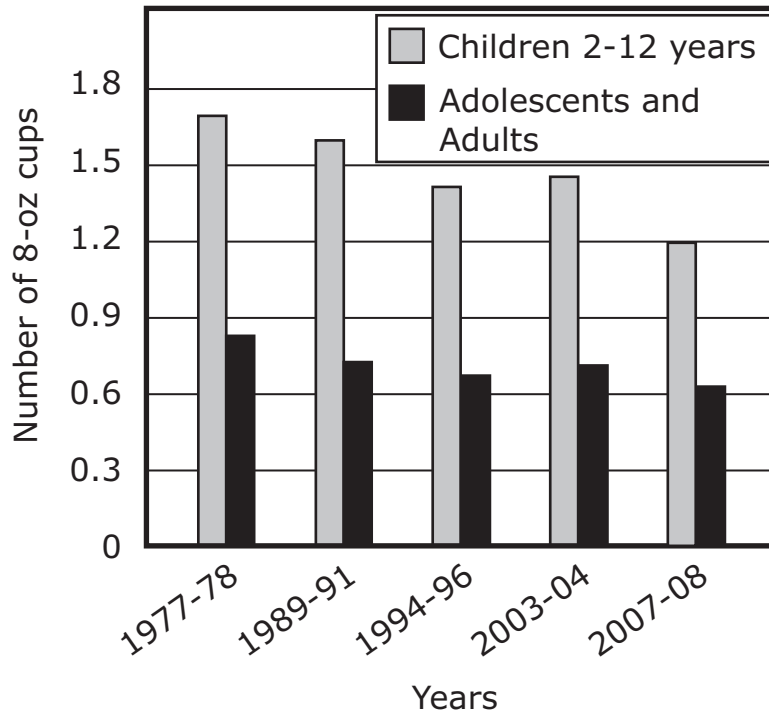
From "U.S. Schools' War Against Chocolate Milk" by Gilbert Cruz, *TIME*, Dec. 18, 2009. © 2009 TIME, Inc.

Directions: Select each tab to read the passages and answer the following question.

## from “A School Fight Over Chocolate Milk”

by Kim Severson

**Daily U.S. Fluid Milk Consumption  
by Age Group**



- 1 For those who haven't been in a school cafeteria lately, 71 percent of the milk served nationwide is flavored. In New York City, school food officials say fat-free chocolate milk fills nearly 60 percent of the 100 million cartons served each year. The rest is one-percent plain.
- 2 But chocolate milk can contain about twice as much sugar as plain low-fat milk. Milk is naturally sweet from lactose; flavored milk also contains cane sugar or high-fructose corn syrup, making it unwelcome in some cafeterias.
- 3 When students went back to school Monday in the District of Columbia, they were served only low-fat white milk. Berkeley, Calif., schools banned chocolate milk, and Florida school officials are considering it.

- 4 “There’s been a lot of pressure on flavored milk recently,” said Diane Pratt-Heavner of the School Nutrition Association.
- 5 Flavoring milk, some school officials and milk processors say, is the only way to get students to drink it. Milk provides a host of nutrients, including calcium, protein and vitamin D.

Severson, K. (2014, August 24). A school fight over chocolate milk. *The New York Times*. Retrieved from <https://www.nytimes.com>

From “A School Fight over Chocolate Milk” by Kim Severson, *The New York Times*, Aug. 24, 2010. © 2010 New York Times Company.

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**On-Demand Writing Directions:** Carefully read the prompt below. Then read the provided texts. Enter your essay in the space provided.

### Chocolate Milk

In your opinion, should schools stop serving chocolate milk? Why or why not? Write a well-organized essay stating your opinion. Support your opinion with evidence from the texts.



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